



Welcome to our Year 10 Information Evening

Mr Jim Coupe, Principal

Ms Hayley Hill, Senior Vice Principal, Y10 Raising Standards Leader

Mr Tim Harkins, Business Director

Mr Andrew Wright, from Action Your Potential

Year 10 Messages

- Our shared values.
- The role of the Raising Standard Leader.
- Pastoral support and Mentor programme.
- Homework.
- Messages from the core subjects.
- Approaches to learning – Action Your Potential
- Key dates for the diary.

Our shared values:

Hard work – *What we do*

We achieve greatness by working hard

Integrity – *What we have*

We do the right thing because it is who we are

Excellence – *What we achieve*

We will be better today than we were yesterday



The role of the Raising Standards Leader

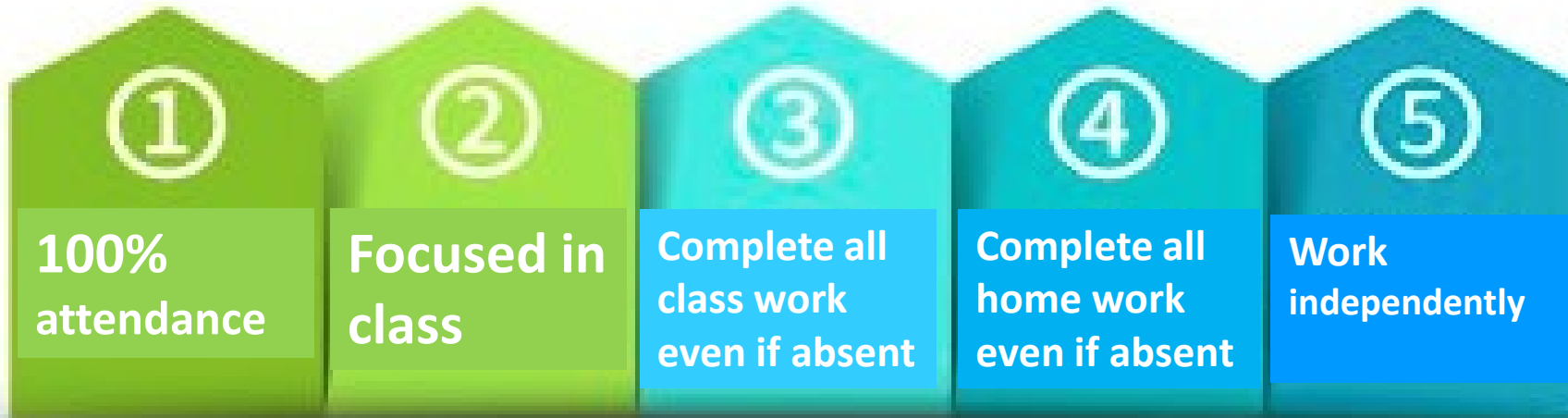


IF IT DOESN'T CHALLENGE YOU,
IT DOESN'T CHANGE YOU

believe-toachieve.tumblr.com



A highly effective student = ON TRACK BEHAVIOURS



Attendance reports	Achievement points & Behaviour points	Information from reports and from class teachers	Review of home work from class teachers and from detentions issued.	Assessment data across the year and from all classes regularly.
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The RSL is there to support.

Attendance - FYI

Students must attend school each day and on time. There are 182 school days in a Year – this leaves lots of time for holidays and appointments.

West Sussex County Council will fine parents/carers if students fall below the 95% expectation.

If attendance percentage drops below 95% then you will be notified.

We understand that there may be other concerns that effect attendance – but we need to know these to help support and work with the student and families for every chance of success.



Pastoral Support

A 3D rendering of a red puzzle piece standing upright in the center of a white puzzle surface. The puzzle pieces are interlocking and have a glossy finish. The red piece is the focal point, standing on its base. The white pieces are arranged in a grid-like pattern around it.

..... Your child is also be supported by the Pastoral Teams that provide additional wrap around support & wellbeing.

The Pastoral Team

Gold

Head of School:
Dr Merchant

Pastoral Managers:

Mrs Carter
Mr Smith
Mr Smith

Emerald

Head of School:
Mr Frimpon

Pastoral Managers:

Mrs Vickers
Mr Benn

Sapphire

Head of School:
Ms Ballinger

Pastoral Managers:

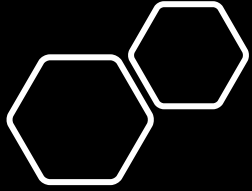
Mrs Molli
Mrs Lee

The Mentor and mentor programme

- Monday – Mentor Messages/Year group assembly
- Tuesday to Thursday – Careers/school assembly/reading
- Friday – Academic Resilience

Reading - The focus is current events and important issues that are in the world. The focus is to read the article together and discuss the topic and answer questions that are raised. They will also look at the style of the piece too. Looking at bias.





Friday RSL mentor session

Focuses on building Academic resilience

- Knowing about your GCSE/BTEC courses including the assessment expectations.
- Reflecting upon your successes last academic to make this year GREAT.
- Identifying NEW ACADEMIC RESOLUTIONS.
- Building resilience & wellbeing.
- Thinking ahead to your future.

And unlocking your SUPERPOWERS.

TASK: For each subject ask your teachers the following questions:

- What is the exam board?
- How many exams are there?
- How long is each exam?
- What are the total marks/% per paper
- What is the focus for each exam?
- Any non examined assessments?

Name:

Academic Success – be knowledgeable about the courses that you are studying

Subject	Exam board	How many exam papers are there?	How long is each exam paper?	What is the total % of each exam paper towards the overall total?	What is the focus for each exam paper?
Other information					



I can have a growth mindset!

Instead of: **I'll say:**

I'm not good at this.	→	
This is too hard.	→	
I'll never be as smart as him.	→	
I'll never understand this.	→	

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TASK:

1. What would the GROWTH mind set say instead? 'I'll say'
2. Watch video/s and discuss what this means to you as a year 10 student?

Academic Success – ‘being organised’

Daylight

<https://www.thoughtco.com/create-a-study-space-1857109>

‘How to create an ideal study space’ & ‘How to make a small space productive for studying’.



Celebrating your work and hobbies and not forgetting to have down time

Good light for evening work

Space – as work kept tidy



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Homework

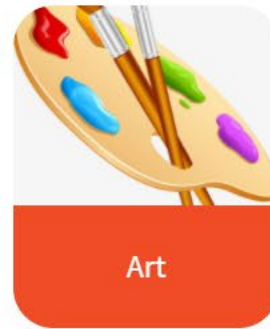


Homework Expectations

HW/PER WEEK	Year 10
English	60 MIN
Maths	60 MIN
Science	60 MIN
Options	60 MIN
Religion and Worldviews	60 MIN every 2 nd week
Revision and independent study is set in addition to homework.	

Firefly – a rich resource and where HW is set

- Information Technologies
- Dance
- Design & Technology
- Drama
- English
- Food & Nutrition
- French
- Geography
- German
- Graphics
- History
- Health
- Maths
- Media Studies
- Music
- PE
- Photography
- Religion & Worldviews
- Science



Homework space allocated at school

ACESs

ACademic

Extra

Study

Space

Tuesday, Wednesday & Thursday

3:00 - 4:00pm.

- **Year 10** – room S13

Benefits of attending ACESs:

- ❖ complete homework or independent study in **supported**, focussed environment.
- ❖ complete the majority of homework and study in school...allowing **time at home to be used for relaxation, hobbies and fun!**
- ❖ develop **routines** and improve **organisational skills**. Access immediate support, worries around homework completion and detentions.
- ❖ sessions are open to all and no sign up required. **Fit attending sessions around other after school clubs**



How can I support at home?

- **Echo messages of good attendance and every moment counts**

Get up and get dressed- you are ready now, lets go!

- **Encourage and model reading**

What articles are you reading in mentor time? What new vocab have you learned this week? Shall we create flash cards?

- **Identify a space where they can work from home**

Let's get a space organised?

How about ACES club to support you with your work?

- **Engage with their learning and chosen pathways**

What subjects interest you most? Have you looked at what you would need to study to be a....

What homework do you have? Can I read your completed work?



How can I support at home?

- Keep an overview on homework - check Firefly so you know what work is due.
- Have a copy of their timetable – to know what and when to ask about their work.
- Know the names and emails of class teachers and pastoral managers and keep in touch – ask questions.
- When working from home eliminate distractions and encourage breaks.
- Encourage engagement with clubs and other activities – wellbeing is important.
- KEEP IN TOUCH

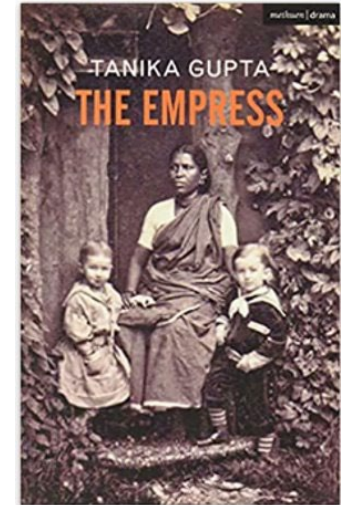


Messages from the core
subjects

A decorative white, torn-paper-like border runs horizontally across the bottom of the page, starting from the left edge and extending towards the right, with a jagged, irregular edge.

Year 10 English – Ms Albuery, Acting Director of English.

- We have **started the term** with a new play – *The Empress* by Tanika Gupta. Purchasing this text is not compulsory; we have copies in school your child will be able to use. However, **buying a copy is advised** so that students can make their own annotations and revision notes for Year 11.
- Later in the year, there will be two compulsory purchases of texts: *Macbeth* by William Shakespeare and *Frankenstein* by Mary Shelley - a letter will be sent out with details confirming these texts.
- We recommend students have a few different coloured pens and highlighters to support with their annotations of the Literature texts.
- Note: Edexcel exam board – language and literature



Year 10 Maths – Ms Deck, Director of Maths.

Students require:

- scientific calculator (preferably a Casio fx-83 GT-X calculator and we offer them on ParentPay if they want),
- protractor,
- compass,
- and a positive attitude.

Edexcel Board exam board



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Sparx Maths

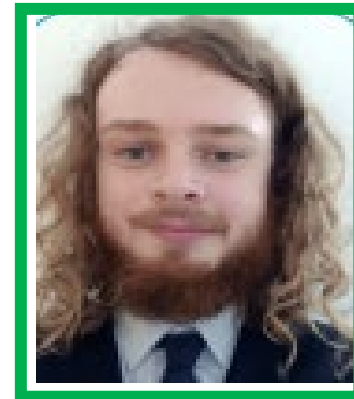
Homework will be starting this week. Y10 homework days are as follows:

Year 10 - TUESDAY- your homework will be due and set on Tuesdays

WE ARE HERE TO HELP YOU!!!

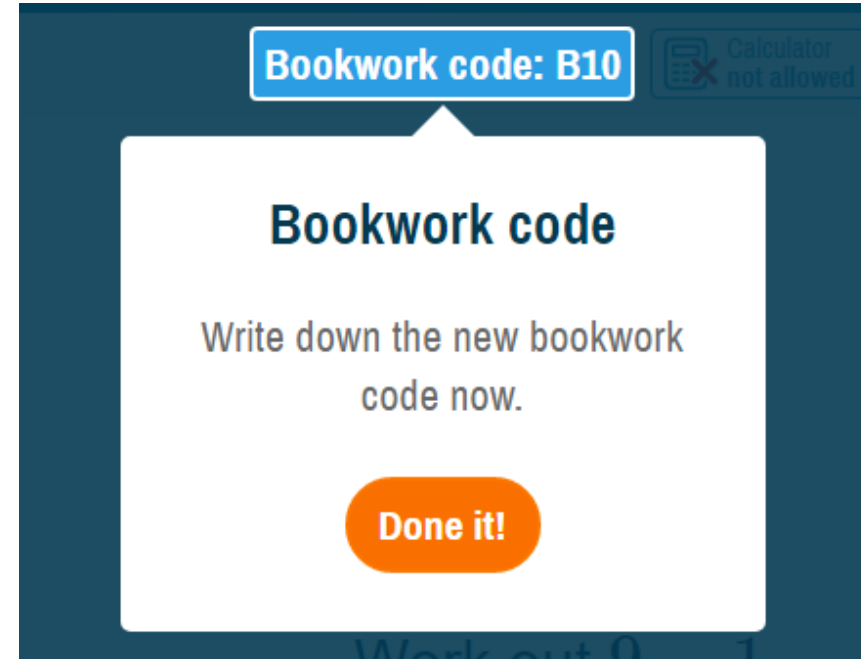
Sparx Club/Support is available every **Monday**
3pm-4pm.

Year 10 - S14 - Mr Aitchison

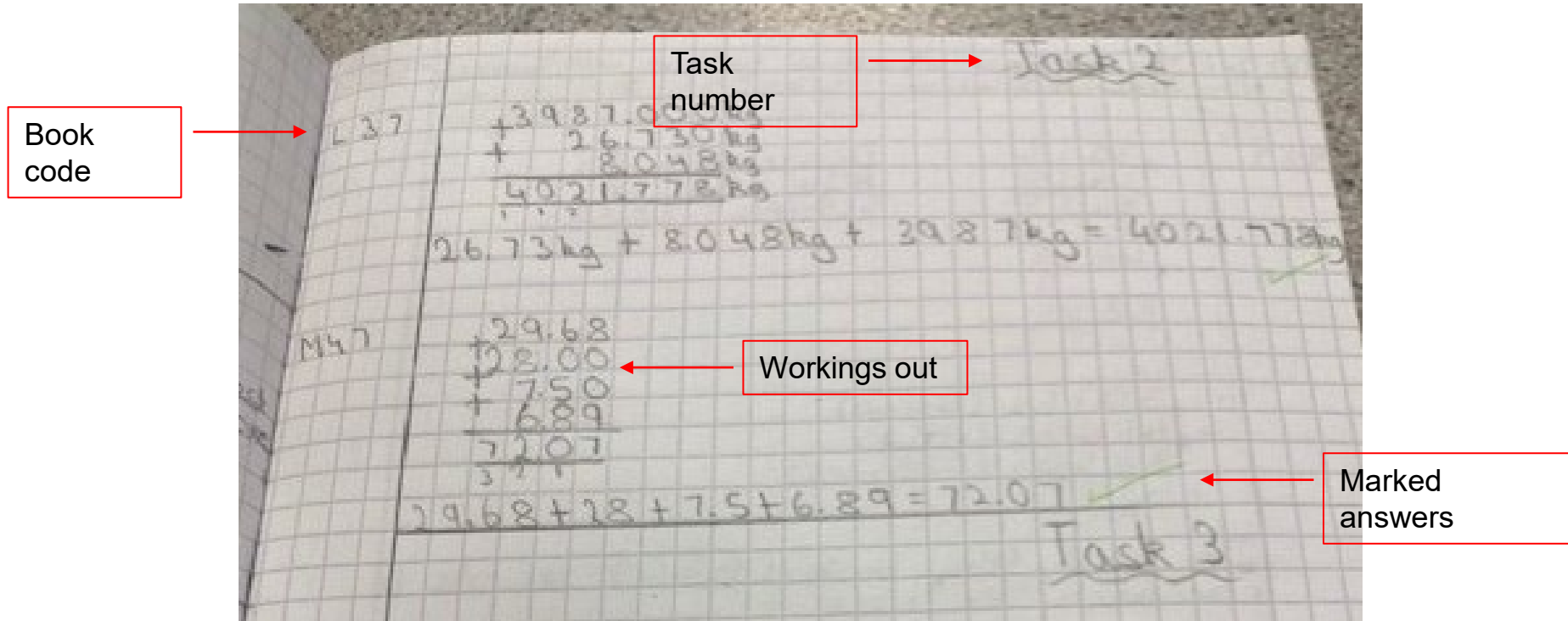


What is Sparx?

- Sparx is an online maths homework platform similar to Hegarty.
- Each task comes with videos if you get stuck.
- For each task completed, you must write down book codes in the margin of your workings out that Sparx provides you in order to check you are showing your workings out.
- You must complete 100% of your compulsory tasks and must fill out your Sparx book just like you would your Hegarty book. →



Sparx Book - Example



What it will look like when you login:

- Here is how to find Sparx:

The screenshot shows the Shoreham Academy website. At the top left is the logo for Shoreham Academy, "The best in everyone™", with "Part of United Learning" below it. To the right of the logo is a "Select Language" dropdown menu, the phone number "01273 274100", and the email address "info@shoreham-academy.org". Below these are social media icons for YouTube, Facebook, Instagram, and Twitter. A blue navigation bar contains the following items: "About Us", "Information", "Sixth Form", "Staff", "Students", "Parents", "News & Events", and "Contact Us". The "Students" menu item is circled in red. A dropdown menu is open under "Students", listing various resources: "Anti-bullying", "Canva", "Clubs & Enrichment", "Common Lit", "Ecosia", "Educake", "Firefly", "Hegarty Maths", "Learning From Home", "my-gcscience", "Office 365", "NGRT Testing", "Student Email", "Shoreham OneDrive", "Seneca Learning", "Setup Self Service Password", "Reset", "Sparx", and "Student Shared". The "Sparx" item is also circled in red. The background of the website features a banner for "TRAIN TO TEACH" and a photo of a student wearing safety goggles in a lab setting.


What it will look like when you login:

- Here is how to find Sparx:

Use your SA login!

sparx Student Log In

You're logging in to Sparx at Shoreham Academy. [Not your school?](#)

Log in to Sparx using Microsoft 

or

Use your Sparx log in

Username:

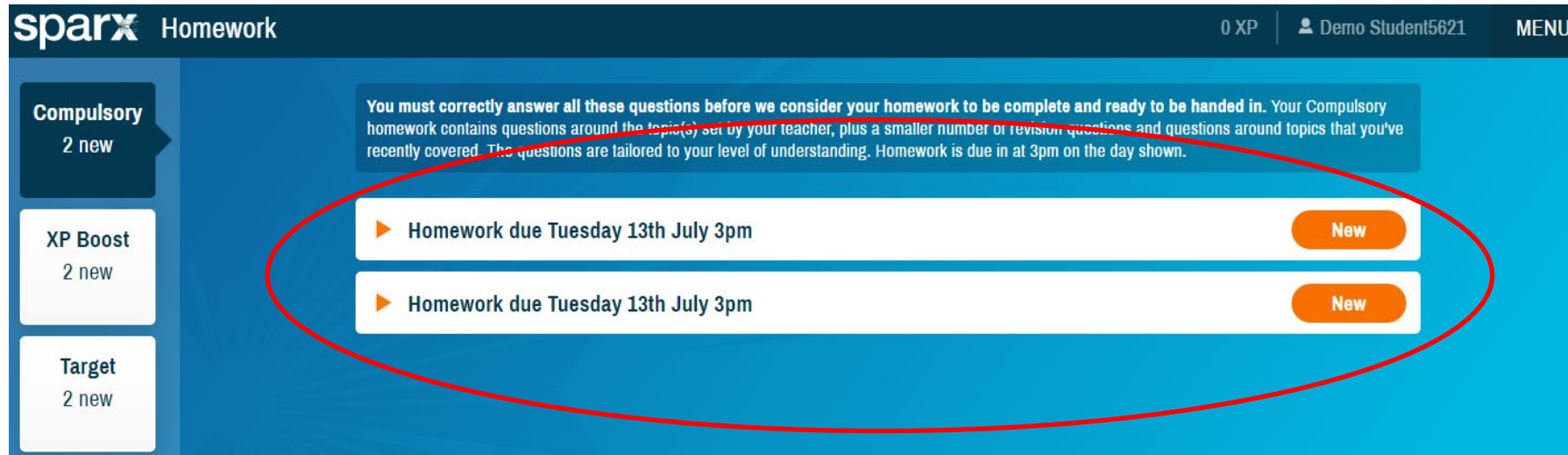
Password:
 [Show](#)

[Forgotten Sparx login details?](#)

[New Sparx user?](#)

What it will look like when you login:

- You will see your compulsory homework tasks under the **Compulsory** tab.



The screenshot shows the Sparx Homework interface. At the top, it says "sparx Homework" on the left, "0 XP" in the middle, and "Demo Student5621 MENU" on the right. On the left side, there are three tabs: "Compulsory" (with "2 new" items), "XP Boost" (with "2 new" items), and "Target" (with "2 new" items). The "Compulsory" tab is selected. In the main area, there is a blue box with white text that reads: "You must correctly answer all these questions before we consider your homework to be complete and ready to be handed in. Your Compulsory homework contains questions around the topic(s) set by your teacher, plus a smaller number of revision questions and questions around topics that you've recently covered. The questions are tailored to your level of understanding. Homework is due in at 3pm on the day shown." Below this, there are two white cards, each with a right-pointing arrow, the text "Homework due Tuesday 13th July 3pm", and an orange "New" button. A red oval highlights these two cards.



The Sparx Independent Practice section:

- Just like Hegarty, you can revise topics without having your teacher assign it to you as homework.
- It can be found here:

Shoreham “Maths” Standards

- **Equipment**

- Red and black pens, pencils, ruler, rubber and scientific calculator
- Protractor and Compass will be required for certain lessons and ALL exams.

- **Sparx Homework**

- 100% completion, not accuracy!
- Sparx due every Tuesday; students must bring Sparx book in
- Y10 Sparx club after school every Monday starting next week
- Students must reach out to their teachers at least 48 hours in advance of due date asking for help

30



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Year 10 Science

Head of
Science is
Mr McKee

- Your course is **AQA combined science**, also known as Trilogy Science.
- There are **‘tiers of entry’**, a higher tier where you can achieve grades 4 to 9, and foundation aiming for grades up to 5.
- A change at GCSE, compared to KS3 is the “required practicals” which are science experiments that you need to learn about in detail. How the experiment is set up, how to make it work well and what it tells us.This is different to years 7 to 9 where you didn’t have to learn how an experiment works or be tested on it.

Year 10 Science

- We use Educake and Seneca for a lot of our Year 10 homework. If you need some help then BBC Bitesize combined science is a good place to look.
- Basic equipment including pencil, ruler, rubber is needed for graphs and tables of results.
- A calculator for all science lessons, we often process data and you need a calculator for all science exams and mocks – including Biology.
- What is really important is asking if your stuck. A lot of science learning builds on other ideas, so it is important to check the basic facts if you're not sure and when we link ideas together, if in doubt ask.

Year 10 Homework on Educake.

The screenshot shows the Educake website interface. At the top, there is a purple navigation bar with the Educake logo on the left and links for 'Contact Us', 'Shoreham Academy', 'Tegan Whelan', 'My account', and 'Log out' on the right. Below the navigation bar, the page is titled 'My Educake'. A blue button labeled 'Revision wizard >' is visible. The main content area is divided into two sections. On the left, there is an orange header for 'Your Upcoming Quizzes' with a 'View all your quizzes' link. Below this is a table with columns for 'Subject', 'Quiz name', 'Assigned by', and 'Due'. The table is currently empty, and a message below it says 'Woohoo! You're all caught up! If your teacher sets you a quiz, you'll see it here.' On the right, there is a purple header for 'Study and Quiz Yourself' with tabs for 'KS3' and 'GCSE'. The 'GCSE' tab is selected, and a list of subjects is shown with their respective progress percentages: GCSE Science – AQA (58%), Biology (58%), Chemistry (0%), Physics (0%), Maths for Science (0%), and Working Scientifically (0%). Each subject entry includes a right-pointing arrow icon.

Educake [Contact Us](#) [Shoreham Academy](#) [Tegan Whelan](#) [My account](#) [Log out](#)

My Educake

[Revision wizard >](#)

Your Upcoming Quizzes [View all your quizzes](#)

Subject	Quiz name	Assigned by	Due
Woohoo! You're all caught up! If your teacher sets you a quiz, you'll see it here.			

Study and Quiz Yourself

KS3 **GCSE**

GCSE Science – AQA	58%	>
Biology	58%	>
Chemistry	0%	>
Physics	0%	>
Maths for Science	0%	>
Working Scientifically	0%	>

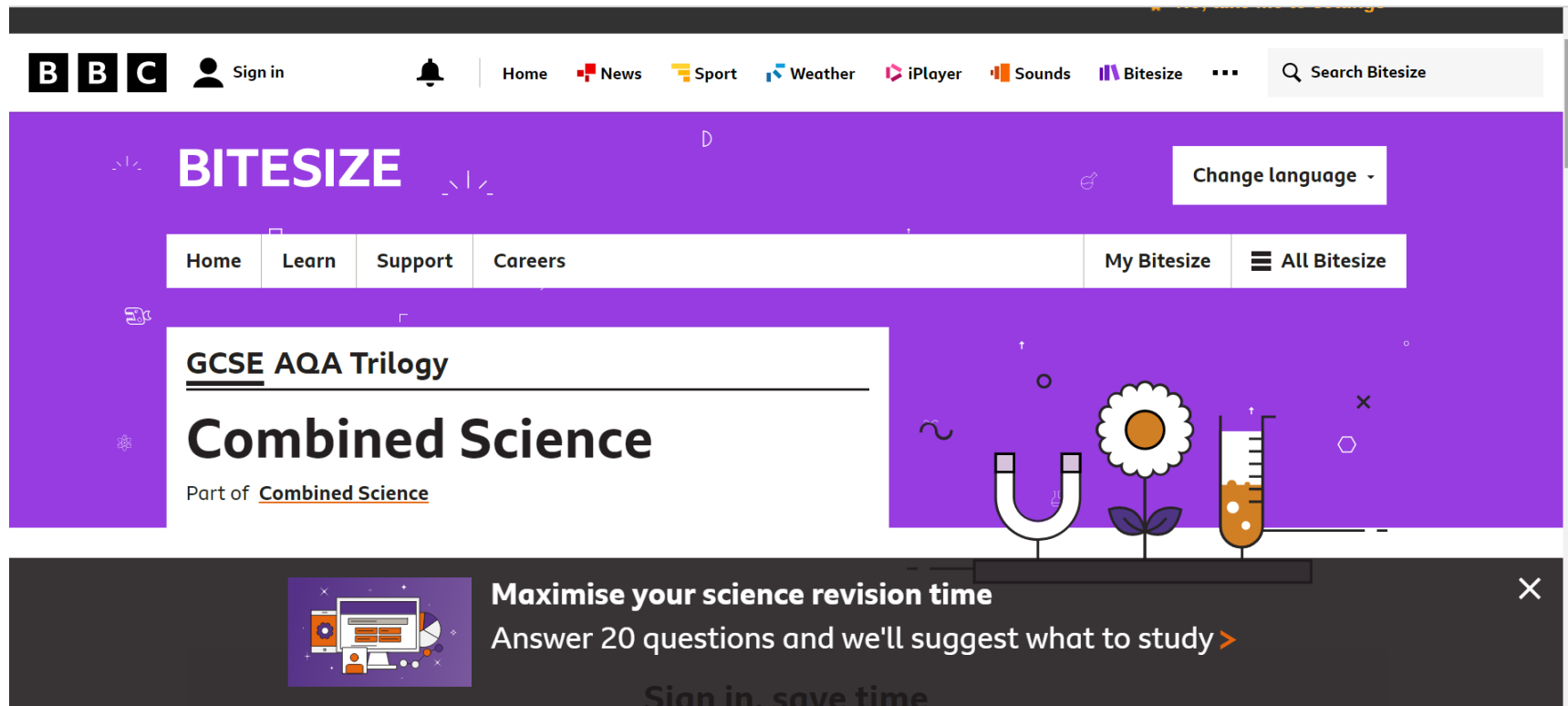
Educake

- Teachers will guide pupils through set up and logging in and there will be online help videos too.
- Pupils are asked online questions (there are also sometimes information slides to read too) and then they type answers.
- Questions can be repeated.
- We prefer pupils to repeat it, score higher, ideally 100% to get the most from the questions.
- Pupils can also flag up a question if they are stuck and teachers can respond to pupils through the site or choose to go through that question in class.

Other Useful Resources.

BBC Bitesize.

Type into google "AQA combined science bitesize" and there's lots of help on that first link.



The screenshot shows the BBC Bitesize website interface. At the top, there is a navigation bar with the BBC logo, a 'Sign in' button, a notification bell, and links for Home, News, Sport, Weather, iPlayer, Sounds, and Bitesize. A search bar is located on the right side of the navigation bar. Below the navigation bar, the main header features the 'BITESIZE' logo in white on a purple background, a 'Change language' dropdown menu, and a secondary navigation bar with links for Home, Learn, Support, Careers, My Bitesize, and All Bitesize. The main content area is titled 'GCSE AQA Trilogy' and 'Combined Science', with a sub-heading 'Part of Combined Science'. To the right of the text is an illustration of a magnet, a flower, and a test tube. At the bottom of the page, there is a dark banner with the text 'Maximise your science revision time' and 'Answer 20 questions and we'll suggest what to study >'. A 'Sign in, save time' link is partially visible at the bottom of the banner.

Other Useful Resources.

"Free Science Lessons"

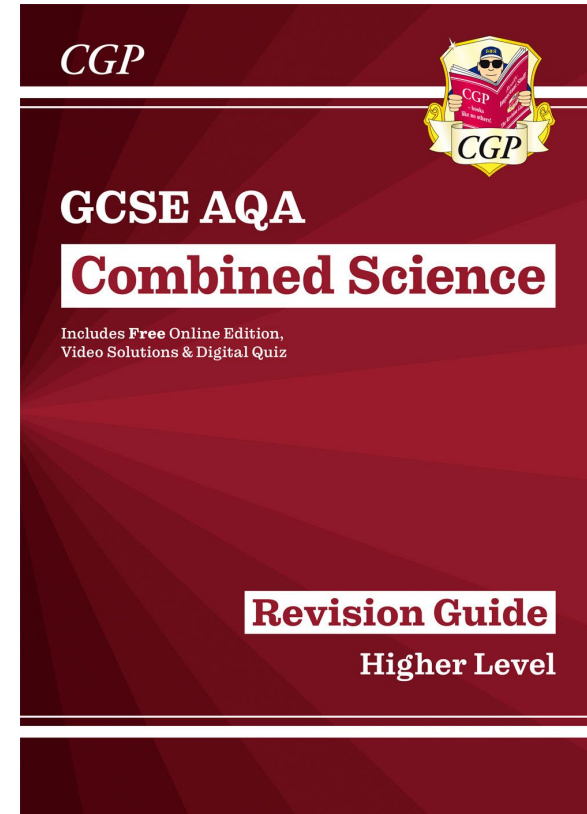
Useful short free, simple video resource. "Freesciencelessons" all one word or look on youtube.

The screenshot shows the homepage of the website 'freesciencelessons'. At the top, there is a dark grey cookie consent banner with the text 'Like most websites, freesciencelessons uses cookies. By using freesciencelessons you agree to our [Privacy Policy](#)' and an 'Accept' button. Below this is a blue header with the site name 'freesciencelessons' in white. A navigation menu in the same blue bar includes 'GCSE Videos', 'A-Level Videos', 'Workbooks', 'FAQ', and 'My Account', along with a shopping cart icon and a search icon. The main content area features a 'Welcome' message and a description: 'The most-watched GCSE and A-Level Science Lessons'. A dropdown menu is open under 'A-Level Videos', showing 'A-Level Biology' and 'A-Level Chemistry'. At the bottom, there are three blue buttons: 'GCSE' with a play icon, 'Printed' with a list icon, and 'Downloadable' with a download icon. A URL bar at the bottom left shows 'https://www.freesciencelessons.co.uk/a-level-revision-videos/'.

Other Useful Resources.

Revision Guides will also be available soon.

Useful, but not essential.
They don't suit all pupils
though they are a good place
to go for information, and
easy to use and 'not online',
so can avoid issues with
sharing a laptop, or wifi.

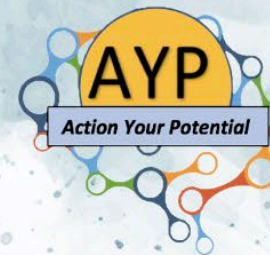


Action Your Potential – Andrew Wright



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We're here to help you be the
best you can be...

Become a #NeuroNinja this year &
change your world



Build a #NeuroNinja

- Secondary





Metacognitive Skills to change your mind and change your world...

Strand 1 - Well-being is a skill

Skill 1 - Do Your Rocks

Skill 2 - ...
Strand 3 - Unleashing learning

- Skill 7 - Do your leaps
- Skill 8 - Practice makes progress
- Skill 9 - Little & often learning
- Skill 10 - Plan your learning and day



Strand 2 - Mind Management

- Skill 3 - Manage worries
- Skill 4 - Build your calm
- Skill 5 - Choose Growth
- Skill 6 - Bouncing back



These are the 10 metacognitive skills of being a #NeuroNinja

AYP

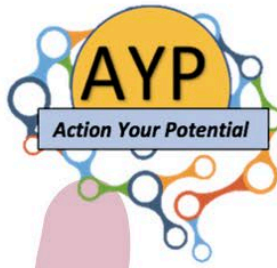
Action Your Potential

AYP

Action Your Potential

AYP

Action Your Potential

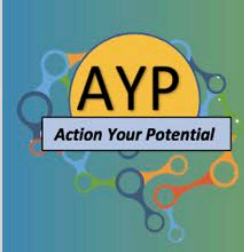


#NeuroNinja Learning Hub





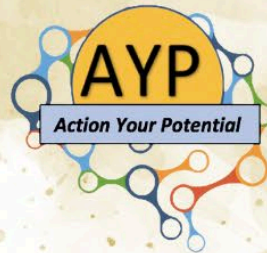
*Unique and powerful 1:1 coaching support students to action
their potential everyday*



This:

People don't decide their futures, people decide their habits and their habits decide their futures.





Your Life.
Your Choice(s).

Become a #NeuroNinja this year &
change your world



Your brain is amazing...



86 billion neurons.

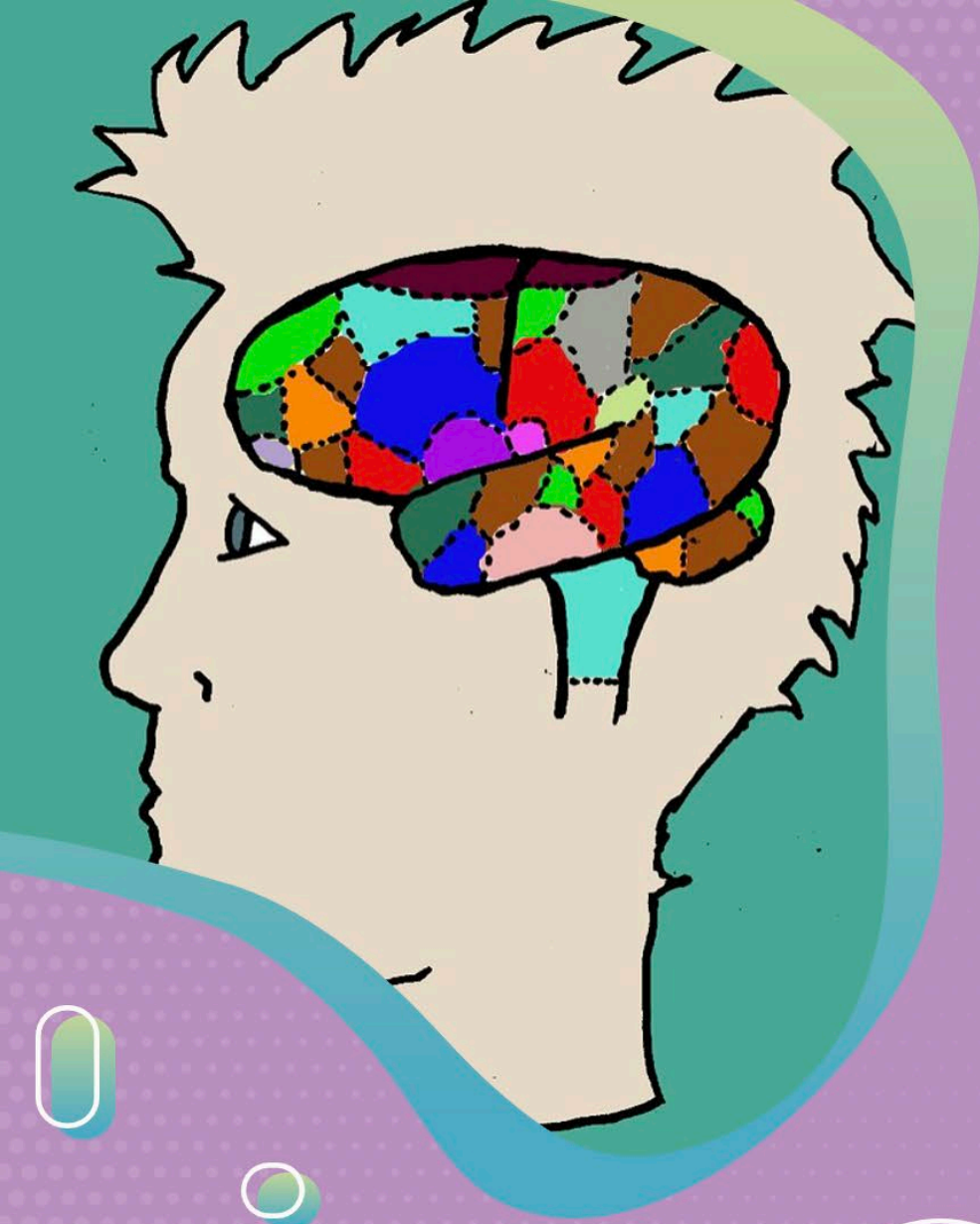
300 trillion connections.

A millimetre of brain tissue has 120 million connections, 700x more storage than your laptop (in just a mm)

You can do this

You just need to choose to try





Your brain changes on the basis of what you use it for...

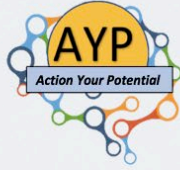
If you repeatedly practice something, your brain and body make it easier for you to do that thing regardless of whether you like that thing, or it is good for you...

How can my daily
behaviours & habits
help my learning?



*Our brain builds
our mind every
day*





12 Rocks Of Well-Being – Weekly Check

Rock 1 – Sleep – 8-9 Hours a night

Rock 2 – Exercise – 20 mins per day

Rock 3 – Eat and Drink Healthily – complex carbs, protein, low sugar

Rock 4 – Mindfulness – be present without judgement 5-10 mins

Rock 5 – Mind Wandering – allow your mind to social problem solve

Rock 6 – Manage Emotions – notice, accept, share with trust

Rock 7 – Walk Outside in Nature

Rock 8 – Listen to Music – 20-30 minutes

Rock 9 – Connect meaningfully with friends and family

Rock 10 – Gratitude and Kindness- express both explicitly each day

Rock 11 – Engage in activities important to your life’s purpose

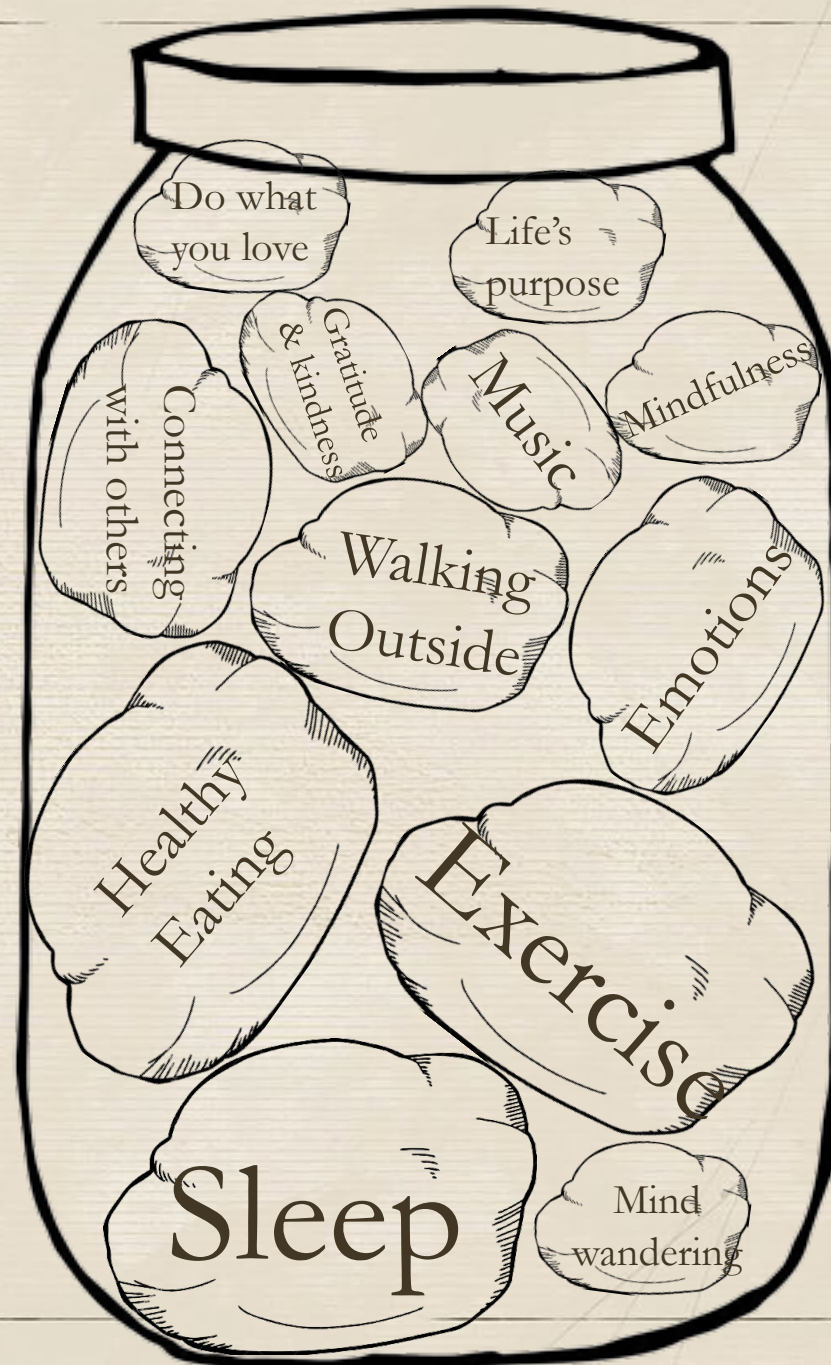
Rock 12 – Learn, Play, Create, Read

	mon	tues	wed	thurs	fri	sat	sun
total							

Plan your well-being

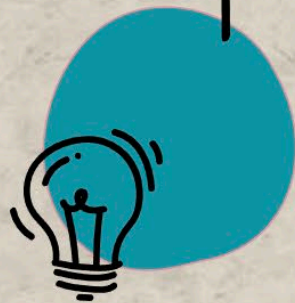
Plan your rocks
everyday in priority
Get the **BIG**
ROCKS in first

Fit in the smaller
rocks alongside the
bigger ones



Choice 3:

Build The Study Habit
for Learning Hygiene
Everyday



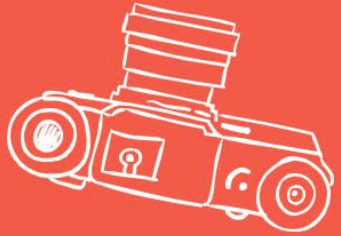


The Study Habit – each day

- 1. Study Capture (5 mins)*
- 2. Box & Frayer Flash Cards (5 mins)*
- 3. Mind Map Build / Review (5mins)*
- 4. Effortful Subjects (10 mins)*

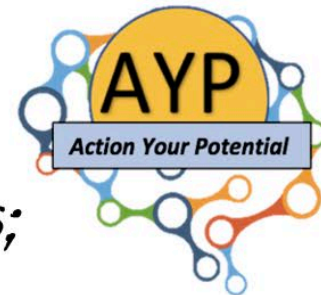
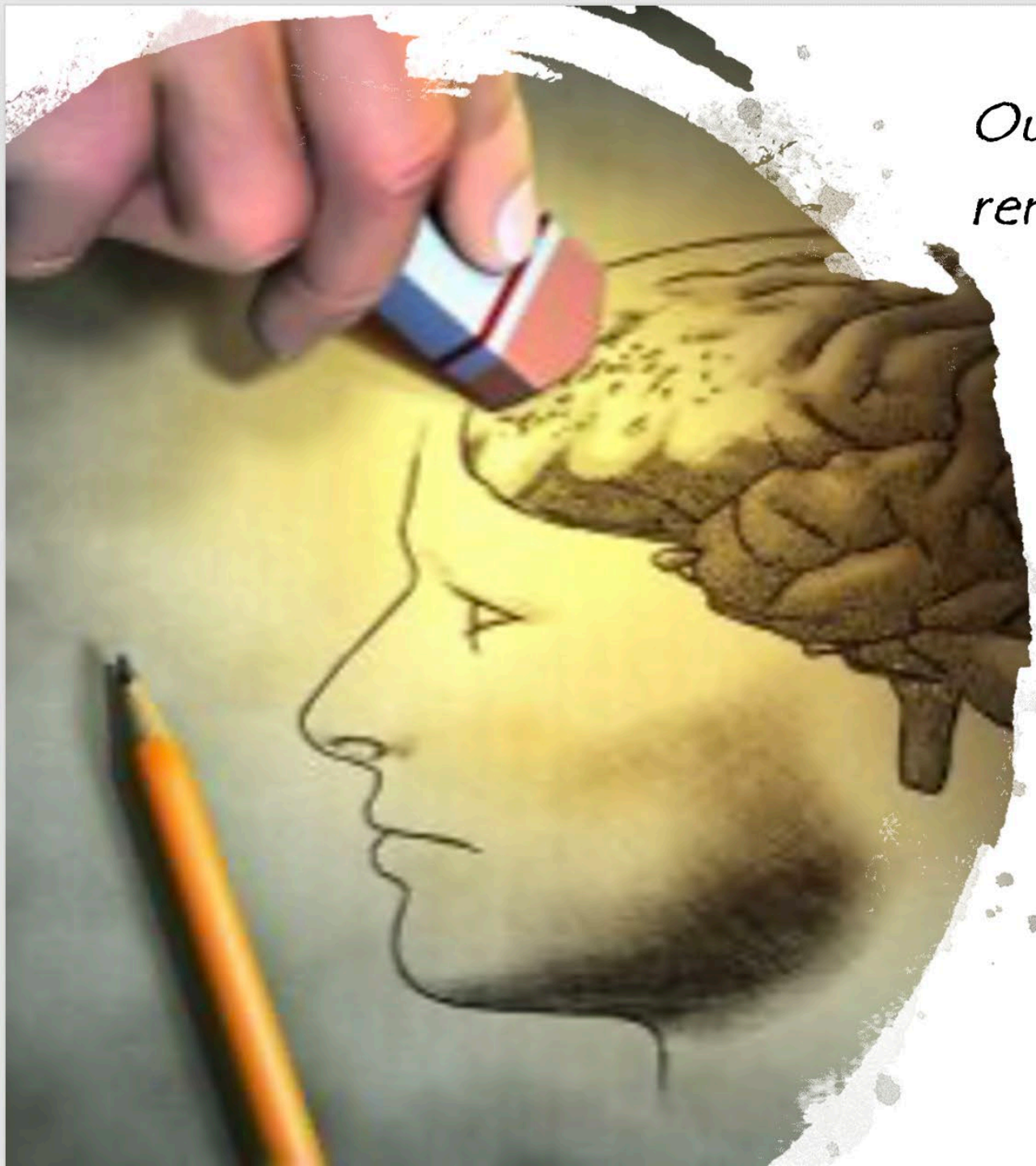


1 - Study Capture



The Study Capture Sheet

Subject	Topic	Key Idea	Key Words	Rating



Our Brain finds it easiest to remember information that is;

- 1. Dangerous to us*
- 2. Salient (Interesting to us)*
- 3. Repeated*

So...If you don't repeat, your brain will delete...

How we think
we Learn...

I've got it - lets
move on

But...

Within 1 Hour - you have forgotten 56% of it

Within 1 day - 67%

Within a Week - 75%

Ebbinghaus Forgetting Curve





You change your brain



You change your mind



You change your world.



Be in no doubt you
can do this...

In summary –

‘Y10 this is what you can do now’.

Have	Have a copy of your timetable at home – in case absent and need to contact teachers.
Know	Know the name and contact email of your teachers – useful if you have questions about homework.
Be	Be in school every day – every lesson counts.
Be	Be equipped – e.g. calculators, English books, revision guides.
Be	Be willing to engage – all lessons, all mentor activities and leave no lesson with lots of uncertainty.
Be	Be open for support and ask for support – by peers/teachers/pastoral.
Be	Be open to supporting others by being kind and considerate.

Key Dates

- KS5 open evening - 03.11.22
- Year 10 Exams - 09.01.22 to 13.01.22
- Year 10 Parents Evening - 01.02.22
- PSHCE – 3 days and 2 half days
- Summer exams – June 2022
- Experience week – 11.07.22 to 14.07.22



1	2	3	4	5	6	7	8	9	10
Regularly attend an after Academy activity	Represent the Academy at a sporting, cultural or academic event	Take part in an outdoor activity	Attend a national sporting or cultural event, or a performance at a major venue	Take part in a major Academy production or event	Take part in a formal presentation to an audience using ICT/multimedia	Lead on a significant event, presentation or activity take on leadership roles	Be actively involved in an international experience	Be actively involved in some form of community, volunteering, peer to peer mentoring or fund-raising experience	Contribute to environmental sustainability or international development
PLATINUM STANDARD (Completion of all pledges to Gold standard)									
GOLD									
To take the lead on a Period 7 session for a full half term	More than once at national level	To obtain Gold award recognition in schemes (such as DoFE)	Attend five or more events	Be actively involved in five or more events	To lead a group presenting to a national unfamiliar audience	To take the lead five or more times	To be part of the planning and decision making team for trips abroad	To organise a community/ fundraising event beyond the Academy	To clearly show leadership and decision making skills that benefit international communities
SILVER									
To attend three different after Academy activities for more than six weeks in one academic year	More than once at regional level	To obtain Silver award recognition in schemes (such as DoFE)	Attend three or more events	Be actively involved in three or more events	To lead a group presenting to local unfamiliar audience	To take the lead three or more times	To be part of a decision making group whilst being a SA Leader on trips abroad	To organise a community/ fundraising event within the Academy	To be part of a group who impact on the sustainability of a national community
BRONZE									
To attend a single after Academy activity for more than six weeks in one academic year	Represent SA more than once	To be actively involved in schemes (such as the DoFE)	Attend one or more events	Be actively involved in one or more events	To be a member of a group presenting to a familiar local audience	To take the lead one or more times	To take an active role when representing the Academy on a trip abroad)To have had international experience / contact at SA	To complete sustained voluntary work within the local community	To be part of a group who impact on the sustainability of a local community

To achieve:

PLATINUM
GOLD
SILVER
BRONZE

Students must complete all 7 pledges to **GOLD** standard

Students must complete all 10 pledges in the **BRONZE** category, 7 pledges from the **SILVER** category and 5 pledges from the **GOLD** category

Students must complete all 10 pledges in the **BRONZE** category and 7 pledges from the **SILVER** category

Students must complete 7 pledges in the **BRONZE** category

Parent/carer involvement.....

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FoSA
Friends of Shoreham Academy
(Parent Teacher Association)

If you are interested in supporting the academy and can offer your time or ideas, then please contact us for further information

www.shoreham-academy.org
email: fosa@shoreham-academy.org

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CHRISTMAS CRAFT MARKET

THURSDAY 17TH NOVEMBER 2022
6PM - 9PM

A variety of professional stalls
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Donation on entry
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The place to be:
Shoreham Academy
Kingston Lane
Shoreham-by-Sea
West Sussex
BN43 6YT

For any further information, please email
donna.churchill@shoreham-academy.org

Thank you.



Questions?



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■ Ambition ■ Confidence ■ Creativity ■ Respect ■ Enthusiasm ■ Determination